

# COMPREHENSIVE BEHAVIORAL HEALTH MODEL: PARTNERING TO BUILD SAFE AND SUPPORTIVE SCHOOLS

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Assistant Superintendent of Social Emotional Learning and Wellness

Andria Amador:

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Presentation to Boston School Committee June 8, 2016

#### **Guest Presenters**

### Dr. Shella Dennery

Boston Children's Hospital

Director, Children's Hospital Neighborhood Partnerships

#### John Riordan

**Boston Children's Hospital** 

Director of Community Relations and Partnerships

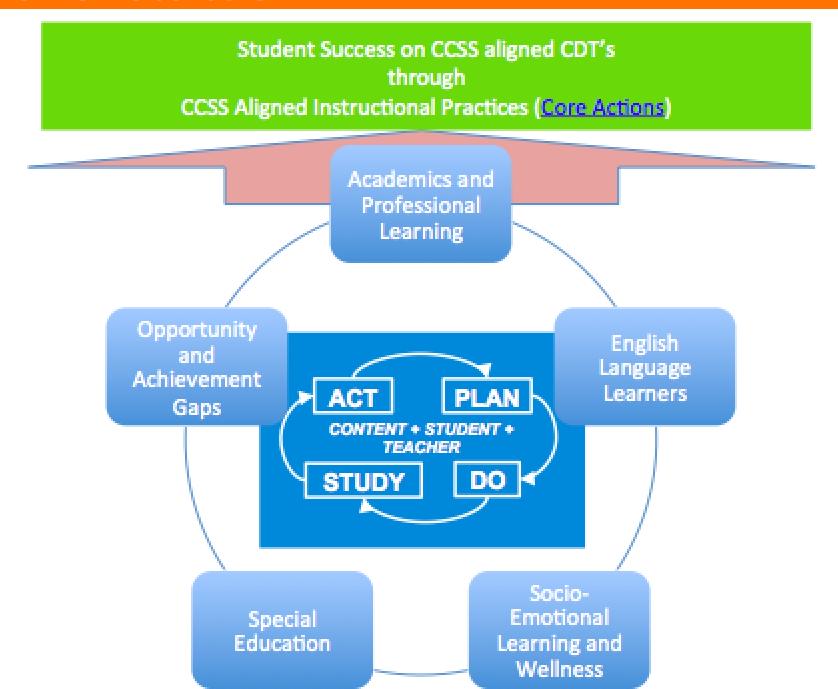
#### Dr. Melissa Pearrow

UMass Boston, Associate Professor

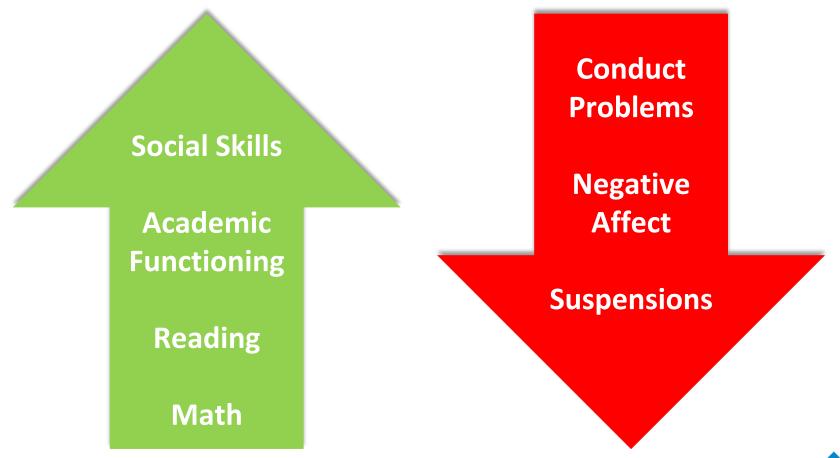
Director of School Psychology Program

MA Safe and Supportive Schools Commission member



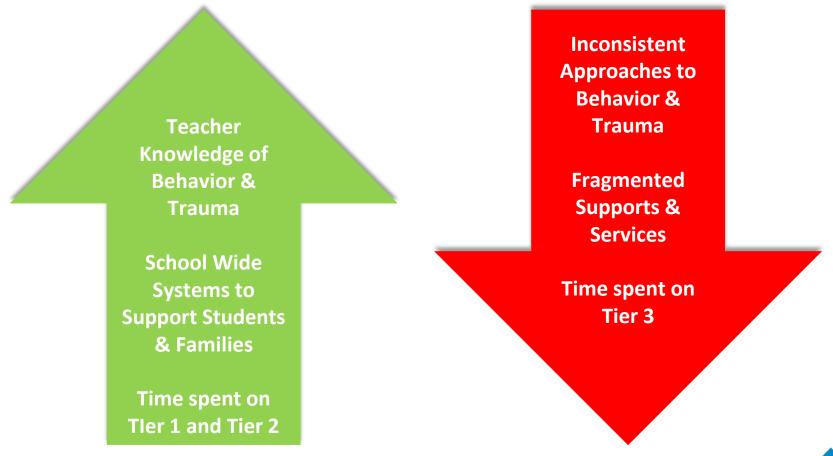


## CBHM Outcomes STUDENT OUTCOMES



#### **CBHM Outcomes**

#### IMPROVED SCHOOL BUILDING CAPACITY















## **CBHM** Schools by Year

Cohort 1 2012-2013

> Boston Arts Academy

**Boston Latin** 

**Charles Sumner** 

George H Conley

Jackson Mann

Joseph Lee

Mattahunt

New Mission High School

Samuel W Mason Cohort 2 2013-2014

**BCLA** 

**Charles H Taylor** 

**Dennis C Haley** 

**Ellison-Parks** 

**Haynes EEC** 

Higginson/Lewis K-8

**Josiah Quincy** 

Lee Academy

Margarita Muniz Academy

Oliver Hazard Perry Cohort 3 2014-2015

Boston Teachers Union School

**Brighton High** 

**Charlestown High** 

Henderson

**Higginson Elementary** 

Franklin D Roosevelt

James Condon Elementary

Joseph P Tynan

O W Holmes

**Richard J Murphy** 

**Winship Elementary** 

Cohort 4 2015-2016

Carter Development Center

Harvard-Kent

James P Timilty Middle

John D Philbrick

King K-8

**Mozart Elementary** 

Phineas Bates

Rafael Hernandez

Umana K-8

West Roxbury Academy Cohort 5 2016-2017

**East Boston EEC** 

Edward M Kennedy

Grew

Guild

Irving

Lyndon

McKay

P.A Shaw

**Perkins** 

**Urban Science** 

## **CBHM Partnerships**





## Safe & Supportive Schools

#### **BEHAVIORAL HEALTH**

 Students who struggle with behavioral health experience less school success (Wagner, 2005)

#### **TRAUMA**

 1 out of 5 children in Boston have experienced 2 or more adverse childhood experiences (ACE)

#### **SCHOOL CLIMATE**

 75% of BPS stakeholders indicated that a lack social skills and self regulation had the greatest impact on student learning (Boston, 2010)

## **Capacity Building**

## BEHAVIORAL HEALTH SERVICES STAFF

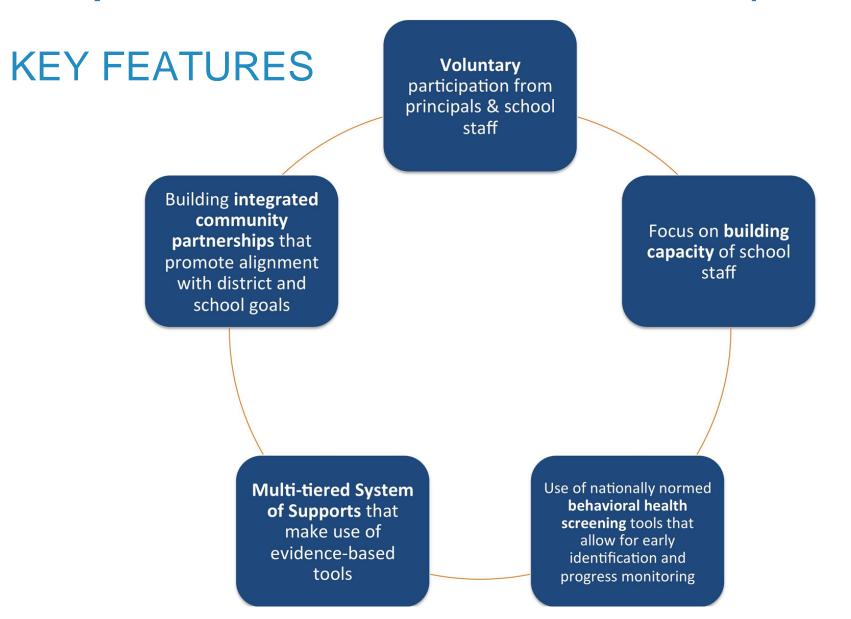
- 54 School Psychologists
- 6 Pupil Adjustment Counselors
- 3 Behavior Specialists
- 8 Network Social Workers

## SCHOOL BASED BEHAVIORAL HEALTH COLLABORATIVE

- 20 school based behavioral health agencies serving 90 BPS schools
- 60% of these partnerships provide services only 1 or 2 days a week

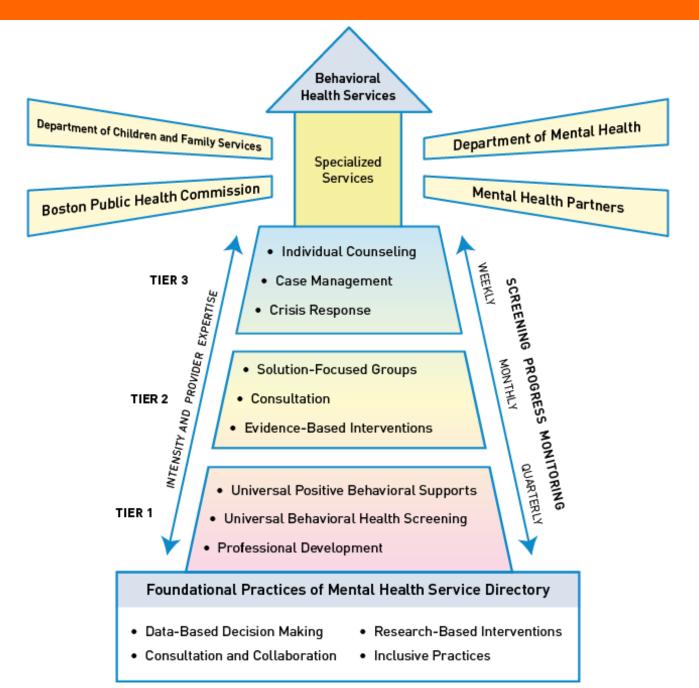


## **Comprehensive Behavioral Health Model (CBHM)**





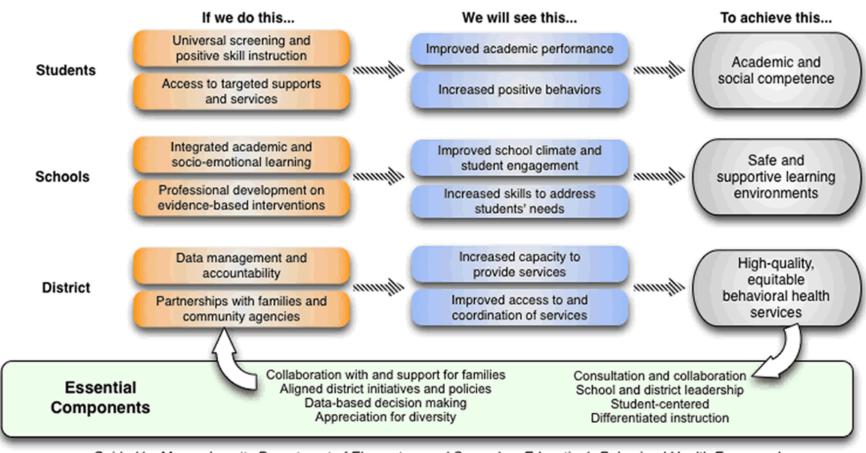
#### **BOSTON PUBLIC SCHOOLS**





#### BPS Comprehensive Behavioral Health Model

Mission: Ensuring that all students have a safe and supportive school where they can be successful



Guided by Massachusetts Department of Elementary and Secondary Education's Behavioral Health Framework

Theory of Change: Integrating behavioral health services into schools will create safe and supportive learning environments that optimize academic outcomes for all students.

## **CBHM** Recognition

- Influence Professional Practices in Schools
  - National Association of School Psychologist Featured and Documented Sessions
  - NASP Public Policy Institute
- Highlight in Book Chapter: Preventive Mental Health at School: Evidence-Based Services for Students
- Site visits: Toledo Public Schools, Cambridge Public Schools, Methuen Public Schools,
   Colorado Legacy Foundation, New Orleans Public Schools, Lynn Public Schools
- Embedded in Colorado Framework for School Behavioral Health
- Future Conferences and Presentations
  - Advancing School Based Mental Health
  - National Association of State Directors of Special Education (Invited)
  - National Association of School Psychologists (Invited)
  - South Shore Collaborative Training (Invited)



## **Mutually Beneficial Partnerships**

Key partners made long-term investment in evidence-based services

Partners provided lots of resources to support this work

Integrated services build positive outcomes for students and schools and supports training and research



#### **Additional Information**

## www.cbhmboston.com





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